



Serving Carroll, Coös & Grafton Counties since 1965

## Quick Contacts

Do you or someone you know need help?

**Cornerstone Housing North**  
Senior Housing in Berlin  
Office (603) 326-6626 x101

**Energy Assistance Services**  
Fuel & Electric Assistance  
Coös County (603)752-3248  
Carroll County (603)323-7400  
Grafton County (603)968-3560

**Guardianship Services**  
Statewide Program (603)837-9561  
34 Jefferson Road, Whitefield, NH  
Concord (603)224-0805

**Head Start Preschool Education**  
Berlin (603)752-7138  
Conway (603)447-5161  
Colebrook/Pitts. (603)237-8190  
Groveton (603)636-2625  
Littleton (603)444-6022  
Ossipee (603)539-5094  
Plymouth (603)536-1393  
Whitefield (603)837-3026  
Woodsville (603)747-4186  
FB@HeadStartTCCAP

**Homeless Intervention & Prevention**  
Carroll County: (603) 323-7400 x110  
Coös County: (603) 788-2683  
Northern Grafton County:  
(603) 444-0184  
Lower Valley Grafton County:  
(603) 443-6150  
FB@HomelessOutreachTBH

**RSVP: Coös Retired Senior Volunteer Program**  
Main Office (603)752-4103  
610 Sullivan Street Berlin NH  
rsvp@tccap.org FB@CoosRSVP

**Senior Meals of Coös County & Senior Center of Coös**  
Admin (603)752-3010  
Berlin (603)752-2545  
Colebrook (603)237-4957  
Whitefield (603)837-2424  
FB@SeniorMealsOfCoosCounty

**ServiceLink: Coös Aging & Disability Resource Counseling**  
Main Office (603)752-6407  
610 Sullivan Street, Berlin NH

**The Support Center at Burch House**  
Domestic & Sexual Violence Prevention  
24 Hour Toll-Free Hotline:  
1-800-774-0544  
Shelter Services: (603)444-0624  
Support: (603)444-0184  
260 Cottage Street,  
Suite E, Littleton, NH  
FB@supportatburchhouse

**TCCAP Business Office**  
30 Exchange Street, Berlin, NH  
(603)752-7001  
businessoffice@tccap.org

**Tamworth Dental Center**  
Sliding Fee Scale: Accepts Medicaid  
Main Office: (603)323-7645  
448B White Mountain Highway  
FB@TamworthDentalCenterNH

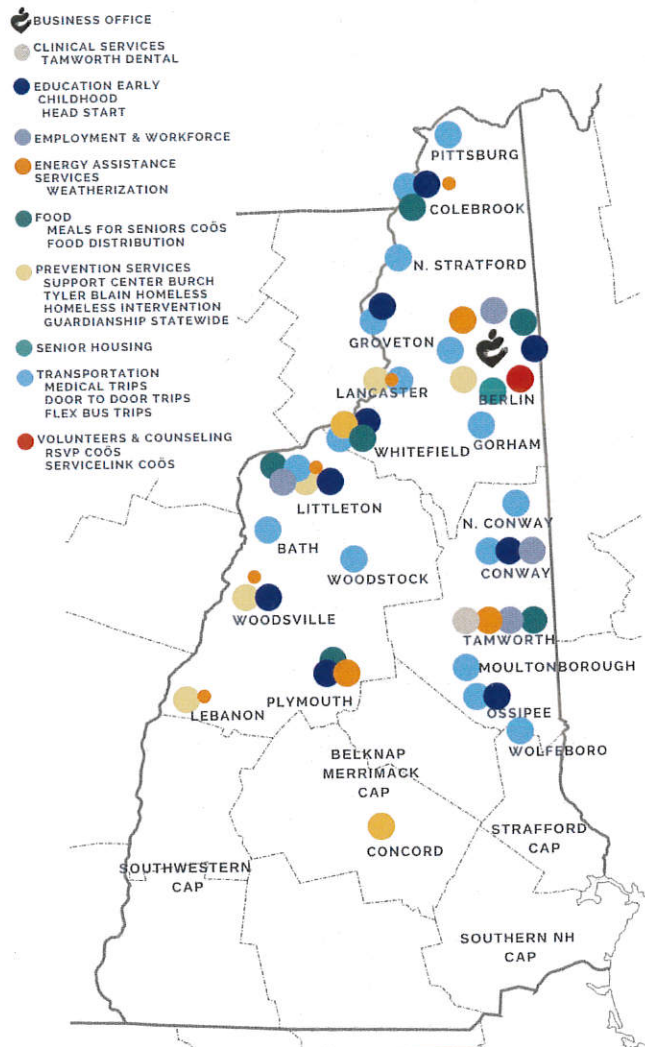
**Tri-County Transit**  
Main Office (603)752-1741  
31 Pleasant Street, Berlin NH  
tricitytransit.org  
FB@tricitytransit

**Tyler Blain Homeless Shelter**  
Main Office (603)788-2344  
56 Prospect Street, Lancaster  
FB@HomelessOutreachTBH

**Weatherization**  
To Apply contact your local  
Energy Assistance Services Program  
Business Office (603)326-6626

**Workforce Development**  
NHEP Workplace Success Program  
Berlin Office: 603-752-3500  
Tamworth Office: 603-323-7321  
Littleton Office: 603-444-2011

## OUR SERVICE AREA



tccap.org

FB@TriCountyCommunityActionPrograms

